



INDOOR
TRAMPOLINE
PARK

SEPTEMBER 2023 HOLIDAY TUMBLING CLASSES

TUESDAY 19th	THURSDAY 21ST	TUESDAY 26TH	THURSDAY 28TH
BRONZE 4-5pm	BRONZE 4-5pm	BRONZE 4-5pm	BRONZE 4-5pm
ADV BRONZE 4-5pm	ADV BRONZE 4-5pm	ADV BRONZE 4-5pm	ADV BRONZE 4-5pm
GIRLS PRE SILVER & TEENS 5-6pm	ALL 2 H PRE SILVER to GOLD 4-6pm	GIRLS PRE SILVER & TEENS 5-6pm	ALL 2 H PRE SILVER to GOLD 4-6pm
BOYS PRE SILVER & TEENS 5-6pm	JUMMPFIT 5-6pm	BOYS PRE SILVER & TEENS 5-6pm	JUMMPFIT 5-6pm

One Hour class \$23 Two hour class \$42

THE BELOW SKILLS ARE THE MINIMUM STANDARD FOR ENTRY INTO THE CLASSES.

Mixed BRONZE Ages 5 – 9 Beginner entry levels

Mixed ADV Bronze Ages 6 – 11 Handstand & cartwheel to feet, backward roll I and roundoff

GIRLS PRE SILVER 1 Hour Ages 7-13 Walkovers front and back, front sault on tramp, fwd handspring

BOYS PRE SILVER 1 Hour Ages 7-12 Roundoff, front sault on tramp, wall running, back egg roll

2 HOUR PRE SILVER to GOLD MIXED 2 HOUR CLASS - All handsprings and saults

JUMMPFIT - ADULT CLASSES for all abilities, great skill based fitness and fun.

Private lessons are \$100 per hour to work on overall skills or specific trick attainment.